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# LIFE BEYOND YOUR DRIVING COURSE

## YOUR FIRST SOLO DRIVE

Your first drive can be an exciting but daunting journey. It is very different to the environment of a lesson, so give yourself time to adapt to driving with full independence and responsibility.

Look for the positives in other drivers, avoid being overly critical as it will gradually poison your own driving experience. Other drivers will make errors, avoid focusing on blame but instead be forgiving and look to see what you could do to improve safety in such situations.

Self educate for life by analysing your own errors and seeking solutions, there is no such thing as a perfect driver. Keep the experience positive and progressive. :)

## PROBATIONARY PERIOD

Your licence will be revoked if you get 6 or more points within 2 years of passing your test. If your licence is revoked in this probationary period you'll have to apply for a new provisional licence and pass both theory and practical parts of the driving test again to get a full licence.



Nurture an attitude towards driving which will reduce stress and keep it an enjoyable and rewarding aspect of your day-to-day life.

Enjoy the freedom that driving brings, including being able to easily access local country parks for fun days out.

## SELF EDUCATION

Take responsibility to identify any negative interferences affecting your driving and find ways to neutralise the problems by developing your own coping strategies. This is a very challenging aspect of driving and becomes a life-long project. Possible examples of interferences to your driving could include peer pressure, passengers, noise (phones/radio/children), alcohol, drugs, stress, rushing, tiredness and emotions such as driving after an argument.

## YOUR VEHICLE

Keep your vehicle well maintained, insured, taxed, with a yearly MOT and service for years of happy motoring. Carry a first aid kit, warning triangle and a map. Prepare your vehicle for winter driving and take out suitable breakdown cover. Before you drive a new or different vehicle take time to understand where all the controls are, especially wipers, lights and demisters.



## PLACES TO VISIT

Driving brings a lot of freedom to your daily life and you may find yourself wondering how you coped before you had this level of independence. One of my favourite aspects to driving is being able to visit country parks and nature reserves so I wanted to recommend some of my favourites. Take your family or friends on a day trip out, you can find the places I've recommended on Google although I have included sat-nav postcodes. If you want more adventurous walks let me know, Chee Dale and Padley Gorge are stunning.

Elvaston Castle **DE72 3EN**  
 Rufford Country Park **NG22 9DD**  
 Attenborough Nature Reserve **NG9 6DY**  
 Cotgrave Country Park **NG12 3UJ**  
 Bradgate Park **LE6 0HB**

Happy driving and do let me know how you get on, stay in contact.

:)

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## FURTHER TRAINING

I offer further driver training for those looking to build their confidence and competence beyond the driving test. This includes motorway training, long-distance journey planning and Pass Plus. Other options include pursuing driver training for 'advanced driving tests' such as the IAM or RoSPA test. These challenges can be rewarding, develop your driving skills and potentially reduce insurance costs.

## PASS PLUS

Pass Plus is an intensive after-test course designed to expand your experience beyond the initial driving course. It lasts for 8-9 hours and is broken into 2 challenging sessions. The course focuses on long-distance driving in unfamiliar territory outside Nottingham and includes rest breaks for refreshments. The course covers journey planning, sat-nav, rural roads, city driving, dual carriageways, motorways, night time driving and concludes with an official certificate.

Driving is a skill for life and further training will develop a higher level of confidence and competence.